



Castleford Park Junior Academy

Medley Street
Castleford
West Yorkshire
WF10 4BB

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www.pjacademy.net



Bootcamp After School Club

Thursday 14th June to Thursday 12th July 2018 15:05 to 16:05 £15 (£3/session)

Xceed Fitness have been working with our pupils on a lunch time to develop team work, fitness and resilience and they are now offering our pupils the opportunity to take part in a 'Bootcamp' after school club on Thursdays from **14th June 2018 to 12th July 2018 15:05 – 16:05.**

Xceed Bootcamps are run by trained Fitness Professionals, are fun and promote fitness, teamwork and camaraderie; so not only will pupils leave having had a good workout, they will have a good time too!

If your child would like to attend the after school club; please **complete and return the reply slip below by Tuesday 12th June 2018.** We will then confirm via text whether your child has a place and ask you to **pay £15 (£3/session) via ParentPay before the first session on 14th June 2018.** Your child will need to **bring a water bottle & PE kit for each session.**

Xceed will also be using school premises to offer a Family Bootcamp on Thursdays from 17:30pm-18.15pm, designed to allow adults and children to enjoy working out together and building a healthy lifestyle.

Adult Bootcamps will also be taking place on School premises on Mondays, Tuesdays, Thursdays and Saturdays.

The family and Adult Bootcamps should be booked in advance through Xceed Fitness. For further details, pricing and to book places please contact James james@xceed-fitness.com or visit the website <http://www.xceed-fitness.com> or Xceed Facebook page.

Xceed After School Bootcamp Thursday 14th June to Thursday 12th July

I give permission for my child _____ in
Class _____ to attend the Xceed Bootcamp After School Club from
14/6/18 to 12/7/18 and I commit to paying the £15 via ParentPay before 14/6/18
My child will be taken home from school by _____
My child is in Year 5 or 6 and has permission to walk home from school alone

Contact telephone number: _____

Please state any medical conditions/allergies: _____

I give my permission for photographs to be taken and used for school purposes

Signed.....Parent/Carer

Primary Strategy
Director

Ms J Clarke

Headteacher

Miss K Law

Deputy
Headteacher

Mrs J Roberts

Assistant
Headteacher

Mr L Booth

Assistant
Headteacher

Miss S Duggan

School Business
Manager:

Mrs S Beedle

Chair of
Governors

Mr J Dossey



Healthy Schools