



Castleford Park Junior Academy

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Dear Parent/Carer

13TH December 2017

INFORMATION AND KIT LIST FOR INGLEBOROUGH HALL

As the trip is fast approaching, we have provided some vital information that will help you and your child to prepare for their Year 5 residential to Ingleborough Hall. On the day of the visit, children will be asked to bring their suitcase and other equipment to the school hall, where they will be registered and organised before leaving. We aim to leave school at approximately 8:45 and parents are invited to wave the bus off if they would like to as it leaves from the Leake Street entrance.

Medicines: Any personal medicines must be clearly labelled with your child's name and instructions for use and handed to a member of staff prior to leaving for Ingleborough Hall when their suitcase is brought into our school hall. If your child suffers from travel sickness, can you please make sure that he/she has taken appropriate tablets before the journey, and brings a supply of tablets with him/her for the rest of the visit. These must also be handed to a designated adult to keep.

Lunch: Your child's backpack should contain: a packed lunch and drink. No glass bottles (in case of breakage) and well-sealed containers please.

Pocket Money: This should be no more than £3 (in £1 coins) and should be in a labelled wallet in the child's bag. They will be able to access a tuck shop each night. Your child will be responsible for their own money whilst they are with us.

Personal Property: Please do not allow your child to bring any valuable items such as iPods or mobile phones. A camera may be taken (preferably an inexpensive or disposable model) but the child must take responsibility for it. Reading books, colouring books, travel board games and age appropriate magazines can be brought.

Behaviour: The main purpose of this visit is for your child to enjoy a range of outdoor activities in safety; in order for every member of the party to do this good behaviour from your child is essential. Could you please stress this when discussing the visit with your child. In extreme cases, any child who, in the opinion of the group leader, is behaving in a way likely to endanger themselves or others, will have to be collected and brought back to school.

A kit list, which has been provided by Ingleborough hall, is attached to the back of this letter. At this point we would like to stress the importance of your child having enough clothes to keep them warm for the whole three days that they will be at Ingleborough Hall. If possible, clothes should be labelled and bin liners should be put in your child's suitcase so they can keep dry and wet clothes separate.

On one of the nights we have decided that the children will have a party - so please send appropriate clothing for this.

If you have any questions or worries about the visit, please contact school.

Yours faithfully,
Year 5 team

Primary Director
of Education

Ms. J. Clarke

Headteacher:

Miss K Law

Deputy
Headteacher

Mrs J Roberts

School Business
Manager:

Mrs C Probert

Chair of
Governors:

Mrs S Churm



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INGLEBOROUGH HALL OUTDOOR EDUCATION CENTRE

SUGGESTED KIT LIST FOR VISITORS

To be considered *essential* all year round – even shorts and swimsuits etc!

OUTDOOR:

Socks	Several pairs, preferably thick ones, to be worn with boots and Wellingtons. Wool / nylon loop stitch are ideal. 'Trainer' socks to be avoided!
Trousers	Preferably several pairs of thick close woven fabric rather than denim jeans. Track suit bottoms are ideal.
Swimsuit	Great as underwear for wet activities.
Shorts	Nylon 'football-type' shorts are excellent.
Headwear	Woollen / fleece hat, or balaclava for warmth, plus a sun hat that offers protection to ears and back of the neck.
Gloves	Woollen, or synthetic 'ski-type', are best.
Jumpers	Several warm ones; fleece, fibre-pile, or wool, are ideal.
Sun protection	High factor sunscreen for use on sunny days, plus a light long sleeved top.
Midge repellent	Can be useful during the April – October period.



INDOOR:

Shoes Indoor footwear. e.g. shoes, slippers, trainers etc.

Clothing Casual and comfortable.

Night-clothes Whatever is normally worn at home.

Toiletries Soap, towel, comb / brush, toothbrush and paste.

ODDS AND ENDS:

Bin liner (poly bag) To put wet, muddy and dirty clothes in to take home.

Name tags Essential on all clothes, especially when using the drying rooms.

NOT RECOMMENDED:

To avoid personal injury students should not wear rings or ear-rings when caving, gorge scrambling or climbing. It is recommended that jewellery and other valuables are not brought to the Centre.

WHAT THE CENTRE PROVIDES:

The Centre will provide visiting students and staff with **boots, cagoule, over-trousers, rucsac, and any specialist equipment required** for the outdoor activities.

It is essential that leaders and parents ensure that each member on the course has an adequate supply of warm clothing to wear under the shell clothing provided.

August 2016



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